

COURSE DESCRIPTIONS

Our introductory program, *Becoming an Asthma Educator: Learning to Teach Patients and Families About Asthma*, was first offered in 2003 to high acclaim. The format combines lectures, question-and-answer sessions, case discussions, and hands-on demonstrations to maximize understanding about effective asthma education for young children, school children, and adults. We review in detail the recommendations of the Expert Panel 3 (2007) of the National Asthma Education and Prevention Program regarding staging of disease, assessment of control, and treatment.

On completion of this program, we anticipate that participants will be well prepared to take and pass the Certification Examination offered by the National Asthma Educator Certification Board.

In addition, this year we again offer our special, one-day program for nurses, trainers, coaches, and others who may share in responsibility for the well-being of athletes with asthma ... or anyone with asthma who enjoys exercising and sports. *Sports, Exercise,*

*and Asthma* will focus on exercise-induced asthma. Among the topics to be discussed are the mechanisms by which exercise can provoke asthmatic symptoms, how to assess the student-athlete for asthma, and how exercise-induced asthma is assessed, treated, and prevented. We will consider the use of pulmonary function testing for confirmation of the diagnosis of asthma and other conditions that may mimic exercise-induced asthma. Discussion will include special considerations around obesity and asthma and special programs designed for children with asthma.

An *Asthma Educator Preceptorship* can be arranged for those wishing individual or small-group (maximum = 5) teaching in asthma education. The Preceptorship gives you the opportunity to design a unique self-study program. For information, call Elaine at 617-732-7419.

Our *Becoming an Asthma Educator* course is available on-line as a series of 9 video modules with related, exam-type questions and answers at [www.asthmalearning.org](http://www.asthmalearning.org). For more information about this and our future on-line courses, please visit the website.

**“This conference was very informative and very organized. One of the best ones I have ever been to.”**

**“Relevant [and] easy to understand. Dealt with everyday situations.”**

**“Excellent seminar: speakers very well-informed, knowledgeable, and captivating.”**

—Comments from course participants—

COURSE DATES AND LOCATIONS

**NEWTON-WELLESLEY HOSPITAL**  
**Saturday, September 28, 2013**

*Becoming an Asthma Educator*

(Shipley Auditorium, Bowles Conference Center)

**BRIGHAM AND WOMEN'S HOSPITAL**  
**Saturday, November 2, 2013**

*Sports, Exercise, and Asthma*

(Faculty from the Division of Pediatric Allergy and Pulmonary Medicine, MassGeneral Hospital for Children)

*Asthma Educator Preceptorship* can be scheduled on a prearranged date convenient to you.

Each program will be offered on a Saturday, 8:00 am to 5:00 pm, on campus at one of the hospitals listed above. Choose the date, topic, and location best suited for you. An individualized *Asthma Educator Preceptorship* can be scheduled at Brigham and Women's or Massachusetts General Hospital.

**PARTNERS**  
 ASTHMA CENTER  
 PBB-3  
 15 Francis Street  
 Boston, MA. 02115

INTRODUCTORY AND ADVANCED  
**Seminars for  
Asthma Educators**



**Medical Education Programs  
for Health Care Professionals**

One-day, in-depth symposia presenting the knowledge and skills needed to be an effective Asthma Educator and to prepare for the National Asthma Educator Certification Board (NAECB) examination

**2 Dates & Locations** (see inside for details)

See also individual and small-group programs at our  
**Asthma Educator Preceptorship**  
And on-line distance learning opportunities at  
[www.asthmalearning.org](http://www.asthmalearning.org)

PRESENTED BY  
**Partners Asthma Center**

A COLLABORATION OF ASTHMA SPECIALISTS AT  
**Brigham and Women's Hospital**  
**Massachusetts General Hospital**  
**Brigham and Women's Faulkner Hospital**  
**Newton-Wellesley Hospital**  
**North Shore Medical Center**



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## INTRODUCTORY PROGRAM

### *Becoming an Asthma Educator*

8:00 – 8:30 am	Registration
8:30 – 8:35	Welcome/Orientation
8:35 – 9:20	<b>Understanding and Teaching the Mechanisms of Asthma</b>
9:20 – 9:50	<b>The Asthma Guidelines: Diagnosis and Assessment of Asthma</b>
9:50 – 10:30	<b>The Asthma Guidelines: Ambulatory Management of Asthma</b>
10:30 – 10:50	Coffee Break
10:50 – 11:20	<b>Lung Function Measurements / Peak Flow</b>
11:20 – 12:00 pm	<b>Special Considerations in Children</b>
12:00 – 1:00	Lunch
1:00 – 1:30	<b>Assessing Allergic Sensitivity and Allergen Exposures</b>
1:30 – 2:00	<b>Inhalers and Inhalational Aids</b>
2:00 – 2:30	<b>Managing Asthmatic Attacks</b>
2:30 – 3:00	<b>Developing an Asthma Action Plan</b>
3:00 – 3:45	Exhibits/Small Group Demonstrations
3:45 – 4:00	<b>How to Prepare for the NAECB Exam</b>
4:00 – 5:00	<b>Case Discussions</b>

## ADVANCED PROGRAM

### *Sports, Exercise, and Asthma*

(From the Division of Pediatric Allergy and Pulmonary Medicine, MassGeneral Hospital for Children)

8:00 – 8:30am	Registration
8:30 – 8:35	Welcome / Orientation
8:35 – 9:20	<b>Mechanisms and Manifestations of Exercise-Induced Asthma</b>
9:20 – 10:05	<b>When Exercise Intolerance is NOT Asthma</b>
10:05 – 10:30	Coffee Break
10:30 – 11:15	<b>Preventing Asthma Symptoms During Exercise</b>
11:15 – 12:00	<b>Managing Exercise-Induced Asthma Attacks in Children</b>
12:00 – 1:00 pm	Lunch
1:00 – 1:45	<b>Fighting Asthma with Fitness: Impact of Exercise on Asthma</b>
1:45 – 2:30	<b>Obesity and Asthma</b>
2:30 – 3:00	<b>Available Resources for Active Children with Asthma</b>
3:00 – 3:45	Exhibits/Interactive Displays
3:45 – 4:30	<b>Case Discussions</b>

## SAMPLE PROGRAM

### *Asthma Educator's Half-Day Preceptorship*

8:00 – 8:30 am	Welcome and Introduction over Breakfast
8:30 – 9:15	<b>Introductory Lecture</b>
9:15 – 10:00	<b>Allergy Skin Testing and Allergen Avoidance: The “Nuts and Bolts”</b>
10:00 – 10:30	<b>Developing an Asthma Action Plan</b>
10:30 – 11:15	<b>Review of Pulmonary Function Tests</b>
11:15 – 11:45	<b>Asthma Devices — Hands-on Demonstration</b>
11:45 – 12:15 pm	<b>Tips for Taking and Passing the NAECB Exam</b>
12:15 – 1:00	Lunch and Discussion with Members of Partners Asthma Center

*This program is offered as a sample only. It is meant to be modified to suit the specific learning needs of individuals and small groups.*

## COURSE ORGANIZERS

*Program Directors:* Christopher Fanta, M.D.  
Elaine Carter, R.N., AE-C  
Paul Nuccio, R.R.T.

*Newton-Wellesley Hospital:*  
Dennis Beer, M.D.

*MassGeneral Hospital for Children:*  
Christina Scirica, M.D., M.P.H.

The faculty will draw on the resources of the Partners Asthma Center staff and will vary with the site of the presentation.

## Registration



### Tuition Fee:

**Early registration** (two weeks prior to course) **\$90**  
**Late registration** (within two weeks of course) **\$110**  
(Registration fee includes Coffee Break and Lunch, but not parking)

### For the Asthma Educator Preceptorship:

Individual session: **\$300**  
Small-group session: **\$200**

Full Payment must accompany registration. Make check payable to **Partners Asthma Center**.

Register online at **www.asthma.partners.org**  
(Click on **Asthma Educators' Institute**)

or by mail: Partners Asthma Center  
PBB-3  
15 Francis Street, Boston, MA. 02115

Address inquiries to:  
Partners Asthma Center  
15 Francis Street, Boston, MA 02115  
(800) 9PARTNERS or (617) 732-7419  
e-mail: **asthma@partners.org**

**Refund Policy:** Refund requests must be received one week prior to the course. No refunds will be made thereafter.

- Saturday, September 28, 2013 (NWH)**  
***Becoming an Asthma Educator***
- Saturday, November 2, 2013 (BWH)**  
***Sports, Exercise, and Asthma***

Full Name \_\_\_\_\_  
Last First Middle Initial

Mailing Address \_\_\_\_\_  
Street

City State Zip Code

Day Phone \_\_\_\_\_

Fax \_\_\_\_\_

E-mail \_\_\_\_\_

Profession \_\_\_\_\_

Institutional Affiliation \_\_\_\_\_

## COURSE ACCREDITATION

- Continuing education contact hours (approximately 6 hours) for registered nurses and nurse practitioners have been applied for to the Department of Nursing at Brigham and Women's Hospital.

*The Brigham and Women's Hospital is an approved provider of continuing nursing education by the Rhode Island State Nurses Association (RISNA), an accredited approver by the American Nurses Credentialing Center Commission on Accreditation (ANCC).*

- Continuing education (CRCE) hours (approximately 6 hours) for registered respiratory therapists have been approved by the American Association of Respiratory Care.
- Continuing pharmaceutical education credit hours (6 hours; 0.6 CEUs) have been approved by the Massachusetts Board of Registration in Pharmacy.